

COMMON QUESTIONS

DO I NEED TO WEAR TCAT3 AT ALL TIMES?

Yes, unless showering or exposed to water, always wear your TCAT3 to help ensure that the Monitoring Center and your physician get your important heart information as promptly as possible.

CAN I TRAVEL WEARING TCAT3?

If you plan to be away for longer than 12 hours, take the charger and the additional battery with you as well. If you are traveling by air, the monitor may trigger airport detectors, but it will not be damaged. Prior to your trip, the Monitoring Center can instruct you how to turn off the cellular radio on the device by placing in "Flight Mode."

DO I NEED WIRELESS INTERNET ACCESS OR A CELLULAR DATA PLAN?

No, the TCAT3 has built-in cellular technology and sends your ECG to the Monitoring Center via cellular network. There is no cost to you for the transmissions.

HOW OFTEN DO I NEED TO CHANGE THE RECHARGEABLE BATTERY IN THE TCAT3?

Several factors, including the cellular network coverage quality and the amount of data being transmitted, can impact battery life. It is recommended that you place a fully charged battery into TCAT3 once daily.

HOW LONG DOES IT TAKE TO CHARGE A BATTERY?

Three hours.

WHAT HAPPENS IF THE TCAT3 GETS WARM IN TEMPERATURE?

Much like a cell phone or other personal electronic device, TCAT3 can become warm from time to time.

TCAT3 complies with applicable surface temperature standards and limits. Placing TCAT3 in a pocket or unventilated area will increase the temperature and should be avoided.

Ref 10002-052-00-ENG Rev2

INTENDED USE

The Telerhythmics Mobile Cardiac Monitoring System is intended for use by patients who either have or are at risk of having cardiac disease and those that demonstrate intermittent symptoms indicative of cardiac disease and require cardiac monitoring on a continuing basis.

The TCAT3 device continuously records ECG data and, upon detection by an ECG analysis algorithm or manual initiation by the patient, automatically delivers the recorded cardiac activity to the server where it is presented and can be reviewed by a medical professional.

The data received from the TCAT3 can be used by another device for arrhythmia analysis, reporting and signal measurements. The Telerhythmics system is not intended to sound any alarms.

The device does not deliver any therapy, administer any drugs, provide interpretive or diagnostic statements or provide for any life support. TCAT3 is for prescription use only (Part 21 CFR 801 Subpart D).

CONTRAINDICATIONS

The Telerhythmics Mobile Cardiac Monitoring System is not intended for use under the following conditions:

- Patients with potentially life-threatening arrhythmias who require inpatient monitoring.
- Patients who the attending physician believes should be hospitalized.
- Infants weighing less than 10 kg. (22 lbs.).

CAUTION: Federal law (USA) restricts this device for sale by or on the order of a physician.

TCAT3 meets current FCC and IC Radio Frequency Emission Exposure Guidelines.



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TELERHYTHMICS

MOBILE CARDIAC MONITORING SYSTEM



QUICK START GUIDE

**CONTINUOUSLY
CONNECTED
WITH CARE**

1

LOCATE COMPONENTS OF YOUR MOBILE CARDIAC MONITORING SYSTEM

MONITOR



ECG CABLE



ADHESIVE ELECTRODES



CHARGER & BATTERIES



2

INSERT A CHARGED BATTERY INTO THE MONITOR



3

INSERT THE METAL CONNECTOR OF ECG CABLE INTO THE MONITOR

4

PREPARE YOUR SKIN

- Trim hair on chest as needed (for men).
- Clean skin with warm water or rubbing alcohol and let the skin dry.
- Do not use lotions or creams before application.

5

APPLY THE ECG CABLE TO YOUR CHEST

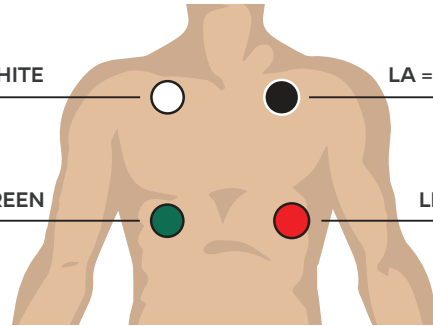
- Connect the adhesive electrodes to the ECG cable snaps.
- Remove the protective backing from the adhesive electrode.
- Apply the adhesive electrodes to your chest in the configuration shown below.

RA = WHITE

LA = BLACK

RL = GREEN

LL = RED



6

CONFIRM THAT THE MONITOR IS WORKING

Insert battery and wait approximately a minute or so. When the solid green MONITORING message appears, you are now monitoring and ready to go about your normal daily activities.

If the green MONITORING message does not display and you see the message ACTIVATION PENDING, or any other message in yellow, contact the Monitoring Center.



7

WHENEVER YOU FEEL SYMPTOMS, PRESS AND HOLD THE RED RECORD BUTTON ON THE MONITOR

The monitor will then prompt you to select the symptom(s) and the level of activity you were feeling and doing at the time of pressing the button.



DURING MONITORING

- Once applied, you should change the adhesive electrodes as needed (electrodes should never be reused).
- Keep the TCAT3 monitor away from all liquids, extreme heat, or places that are damp or dusty. When you shower, you can keep the adhesive electrodes on, but you must remove the monitor and ECG Cable before entering water.
- Contact the Monitoring Center at any time if you need assistance using the TCAT3.

WHEN YOUR STUDY IS COMPLETE

When you see the solid yellow MONITORING COMPLETE message, you may remove the adhesive electrodes and discontinue wearing the monitor.

Return the Telerhythmics Mobile Cardiac Monitoring System along with any unused adhesive electrodes, TCAT3 components and packaging as directed by your physician or Monitoring Center.